

September 2023

Brookridge Healthcare Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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BROOKRIDGE
 A THRIVEMORE COMMUNITY
 336-759-1044
 1199 Hayes Forest Dr.
 Winston-Salem, NC 27106



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| 1 | 2 | | | | 1 9:00am Morning Greetings 10:00am Men's Group 1:00pm September Trivia DR 2:30pm Movie Matinee 7WS | 2 Activity Packets Room Visits |
| 3 Church Streaming DR Room Visits Menu Week 5 | 4 9:00am Morning Greetings 10:00am Manicures DR 1:00pm Word Puzzle 3:00pm Mini Manicures IR | 5 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 1:00pm Connect Four DR 2:30pm Bingo 7WS 6:00 Lingo DR | 6 9:00am Morning Greetings 10am Resident Council 7WS 1:00pm Room Visits IR 3:00pm Art's & Crafts 7WS | 7 9:00am Morning Greetings 10:00am September Trivia 1:30pm Hydration Cart 2:30pm Wii Games DR | 8 9:00am Morning Greetings 10:00am Ladies Group 1:00pm Activities Choice 2:30pm Performance by Becky Walton in Solarium | 9 Bingo 10am DR Room Visits |
| 10 Hydration Cart Church Streaming DR Family & Friends Visits Menu Week 1 | 11 9:00am Morning Greetings 10:00am Manicures DR 1:00pm Room Visits 3:00pm Hand Massages IR | 12 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 1:00pm Dominoes DR 3:00pm Bingo 7WS 6:00 Price is Right DR | 13 9:00am Morning Greetings 10:00am Who Am I ? 1:00pm Room Visits IR 3:00pm Art's & Crafts 7WS | 14 9:00am Morning Greetings 10:15am Bingo 7WS 1:00pm Activities Choice 3:00pm Big Ball 7WS 8:20pm Thursday Night Football | 15 9:00am Morning Greetings 10:00am Men's Group 1:00pm Table Ball DR 3:00pm Jeopardy 7WS | 16 Activity Packets Room Visits |
| 17 Hydration Cart Church Streaming DR Room Visits Menu Week 2 | 18 9:00am Morning Greetings 10:00am Manicures DR 1:00pm Word Puzzle 3:00pm Mini Manicures IR | 19 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 1:00pm Playing Cards DR 2:30pm Bingo 7WS 6:00 Let's Make A Deal DR | 20 9:00am Morning Greetings 10:00am Cooking Club 1:00pm Room Visits IR 3:00pm Art's & Crafts 7WS | 21 9:00am Morning Greetings 10:15am Bingo 7WS 1:00pm Activities Choice 3:00pm Frisbee Toss 7WS 8:20pm Thursday Night Football | 22 9:00am Morning Greetings 10:00am Ladies Group 1:00pm Fall Harvest Puzzle 3pm Armchair Travel 7WS | 23 10:00am Bowling 7WS Room Visits |
| 24 Hydration Cart Church Streaming DR Room Visits Menu Week 3 | 25 9:00am Morning Greetings 10:00am Manicures DR 1:00pm Room Visits 3:00pm Hand Massages IR | 26 9:00am Morning Greetings 10:15am Worship Music 10:30am Chapel 7WS 1:00pm Checkers DR 2:30pm Bingo 7WS 6:00 Lingo DR | 27 9:00am Morning Greetings 10:00am Karaoke 7WS 1:00pm Room Visits IR 3:00pm Art's & Crafts 7WS | 28 9:00am Morning Greetings 10:15am Bingo 7WS 1:00pm Activities Choice 3:00pm Horse Shoes 7WS 8:20pm Thursday Night Football | 29 9:00am Morning Greetings 10:00am Men's Group 1:00pm Word Find 2:30pm Birthday Party 7WS | 30 Activity Packets Room Visits |