


# Brookridge Healthcare Activities

# February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Black History Month</p> <p>9:00am Morning Greetings</p> <p>10:00am Bulletin Board</p> <p>1:00pm Trivia DR</p> <p>3:00pm Decorating</p>	<p>2</p> <p>Ground Hog Day</p> <p>9:00am Morning Greetings</p> <p>10:30am Baking Club 7DR</p> <p>1:00pm Shut The Box DR</p> <p>3:00pm Ground Hog Trivia</p>	<p>3</p> <p>10:00am</p> <p>Shuffle Board 7WS</p> <p>Room Visits</p>	<p>4</p> <p>Hydration Cart</p> <p>Church Streaming DR</p> <p>Room Visits</p> <p>Menu Week 2</p>	<p>5</p> <p>9:00am Morning Greetings</p> <p>10:00am Manicures DR</p> <p>1:00pm Room Visits</p> <p>3:00pm Hand Massages IR</p>	<p>6</p> <p>9:00am Morning Greetings</p> <p>10:15am Worship Music</p> <p>10:30am Chapel 7WS</p> <p>1:00pm Read My List DR</p> <p>2:30pm Bingo 7WS</p>	<p>7</p> <p>9:00am Morning Greetings</p> <p>10:00am Art's &amp; Crafts DR</p> <p>1:00pm Room Visits IR</p> <p>3:00pm Resident Council 7WS</p>
<p>11</p> <p>Superbowl Sunday</p> <p>Hydration Cart</p> <p>Church Streaming DR</p> <p>6:30pm Superbowl</p> <p>Menu Week 3</p>	<p>12</p> <p>9:00am Morning Greetings</p> <p>10:00am Manicures DR</p> <p>1:00pm Room Visits</p> <p>3:00pm Hand Massages IR</p>	<p>13</p> <p>Mardi Gras</p> <p>9:00am Morning Greetings</p> <p>10:15am Worship Music</p> <p>10:30am Chapel 7WS</p> <p>1:30pm King Cake 7WS</p> <p>2:30pm Bingo 7WS</p>	<p>14</p> <p>Valentine's Day</p> <p>9:00am Morning Greetings</p> <p>10:00:am Art's &amp; Crafts DR</p> <p>2:00pm Smoothies 7WS</p> <p>3:00pm Family Feud 7WS</p>	<p>15</p> <p>9:00am Morning Greetings</p> <p>10:30am Bingo 7WS</p> <p>1:00pm Activities Choice</p> <p>3:00pm Bowling 7WS</p>	<p>16</p> <p>9:00am Morning Greetings</p> <p>10:00am Karaoke 7WS</p> <p>1:00pm Yahtzee DR</p> <p>3:00pm Bible Trivia DR</p>	<p>17</p> <p>2:00pm Flobone</p> <p>Music Performance</p> <p>In The Solarium</p> <p>Victoria &amp; Jared</p> <p>Flute &amp; Trombone</p>
<p>18</p> <p>Church Streaming DR</p> <p>Family &amp; Friends Visits</p> <p>Menu Week 4</p>	<p>19</p> <p>Presidents Day</p> <p>9:00am Morning Greetings</p> <p>10:00am Manicures DR</p> <p>1:00pm Room Visits</p> <p>3:00pm Hand Massages IR</p>	<p>20</p> <p>9:00am Morning Greetings</p> <p>10:15am Worship Music</p> <p>10:30am Chapel 7WS</p> <p>1:00pm Expressions DR</p> <p>2:30pm Bingo 7WS</p>	<p>21</p> <p>9:00am Morning Greetings</p> <p>10:00:am Jeopardy 7WS</p> <p>1:00pm Room Visits IR</p> <p>3:00pm Art's &amp; Crafts DR</p>	<p>22</p> <p>9:00am Morning Greetings</p> <p>10:30am Bingo 7WS</p> <p>1:00pm Activities Choice</p> <p>3:00pm Balloon Toss DR</p>	<p>23</p> <p>9:00am Morning Greetings</p> <p>10:00am What Am I? DR</p> <p>1:00pm Finish The Lyrics</p> <p>2:30pm Birthday Party 7WS</p>	<p>24</p> <p>Game Table</p> <p>Room Visits</p>
<p>25</p> <p>Hydration Cart</p> <p>Church Streaming DR</p> <p>Room Visits</p> <p>Menu Week 5</p>	<p>26</p> <p>9:00am Morning Greetings</p> <p>10:00am Manicures DR</p> <p>1:00pm Room Visits</p> <p>3:00pm Hand Massages IR</p>	<p>27</p> <p>9:00am Morning Greetings</p> <p>10:15am Worship Music</p> <p>10:30am Chapel 7WS</p> <p>1:00pm Famous Couples DR</p> <p>2:30pm Bingo 7WS</p>	<p>28</p> <p>9:00am Morning Greetings</p> <p>10:30:am Ron Conaway 7WS</p> <p>1:00pm Room Visits IR</p> <p>3:00pm Art's &amp; Crafts DR</p>	<p>29</p> <p>9:00am Morning Greetings</p> <p>10:30am Bingo 7WS</p> <p>1:00pm Activities Choice</p> <p>3:00pm Bocce Ball 7WS</p>	<p><b>Activity Key</b></p> <p>IR_ In-room</p> <p>DR- Dining room</p> <p>7WS-7 West Solarium</p> <p>P-Porch off of 6 West</p> <p>*All Activities are subject to Change*</p>	 <p><b>BROOKRIDGE</b> A THRIVEMORE COMMUNITY</p> <p>336-759-1044</p> <p>1199 Hayes Forest Dr. Winston-Salem, NC 27106</p>