

# February 2024



# Brookridge Mindful Impressions

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**



**1** 8:45am Morning Greetings  
9:00am Sit and Stretch  
10:30am Chapel  
1:30pm Creativity Boxes  
2:30pm Crossword Fill in  
3:30pm Basketball  
6:00pm Blues Music

**2** 8:45am Morning Greetings  
9:00am Noodle Balloon  
10:30am Word Mining  
1:30pm Creativity Boxes  
2:30pm Ground Hog Trivia  
3:30pm Bowling  
6:00pm Finish the Lyrics

**3** 8:45am Morning Greetings  
9:00am Exercise Group  
10:30am Post Card Reminiscing  
1:30pm Creativity Boxes  
2:30pm Reminiscing  
3:30pm Balloon Toss  
6:00pm Devotional Time

**4** 8:45am Morning Greetings  
9:00am Exercise Group  
11:00am Church Program  
2:00pm Creativity Boxes  
2:30pm Reminiscing  
3:30pm Shut The Box  
6:00pm Story Time

**5** 8:45am Morning Greetings  
9:00am Moving With The Music  
10:30am Manicures  
1:30pm Creativity Boxes  
2:30pm This or That  
3:30pm Corn Hole  
6:00pm Musical Melodies

**6** 8:45am Morning Greetings  
9:00am Ring Toss  
10:30am Fill in the Blank  
1:30pm Creativity Boxes  
2:30pm Uno  
3:30pm Putting Green  
6:00pm Music by Jackie Wilson

**7** 8:45am Morning Greetings  
9:00am Walking Club  
10:30am Foam Heart Art  
1:30pm Creativity Boxes  
2:30pm Bible Trivia  
3:30pm Seated Soccer  
6:00pm Hymn Sing Along

**8** 8:45am Morning Greetings  
9:00am Scarf Juggling  
10:30am Worship  
1:30pm Creativity Boxes  
2:30pm Checkers  
3:30pm Shuffle Board  
6:00pm Classic Love Songs

**9** 8:45am Morning Greetings  
9:00am Chair Exercise  
10:30am Breakfast Trivia  
1:30pm Creativity Boxes  
2:30pm Dominoes  
3:30pm Football Toss  
6:00pm Name that Tune

**10** 8:45am Morning Greetings  
9:00am Exercise Group  
10:30am Junk Drawer Detective  
1:30pm Creativity Boxes  
2:30pm Reminiscing  
3:30pm Big Ball  
6:00pm Devotional Time

**11** 8:45am Morning Greetings  
9:00am Exercise Group  
11:00am Church Program  
2:00pm Creativity Boxes  
2:30pm Reminiscing  
3:30pm Connect Four  
6:00pm Story Time

**12** 8:45am Morning Greetings  
9:00am Moving With The Music  
10:30am Manicures  
1:30pm Creativity Boxes  
2:30pm Tangrams Puzzle  
3:30pm Bocce Ball  
6:00pm Musical Melodies

**13** 8:45am Morning Greetings  
9:00am Noodle Balloon  
10:30am Name 10  
1:30pm Creativity Boxes  
2:30pm Mardi Gras Trivia  
3:30pm Yahtzee  
6:00pm Music by Aretha Franklin

**14** 8:45am Morning Greetings  
9:00am Walking Club  
10:30am Love Coloring  
1:30pm Creativity Boxes  
2:30pm Daily Devotion  
3:30pm Bullseye  
6:00pm Name that Tune

**15** 8:45am Morning Greetings  
9:00am Parachute Play  
10:30am Chapel  
1:30pm Creativity Boxes  
2:30pm Uno  
3:30pm Frisbee Toss  
6:00pm Country Music

**16** 8:45am Morning Greetings  
9:00am Sit and Stretch  
10:30am Word Mining  
1:30pm Creativity Boxes  
2:30pm Armchair Travel  
3:30pm Horse Shoes  
6:00pm Finish the Lyrics

**17** 8:45am Morning Greetings  
9:00am Exercise Group  
10:30am Wheel of Fortune  
1:30pm Creativity Boxes  
2:30pm Reminiscing  
3:30pm Bocce Ball  
6:00pm Devotional Time

**18** 8:45am Morning Greetings  
9:00am Exercise Group  
11:00am Church Program  
2:00pm Creativity Boxes  
2:30pm Reminiscing  
3:30pm Seated Soccer  
6:00pm Story Time

**19** 8:45am Morning Greetings  
9:00am Moving With The Music  
10:30am Manicures  
1:30pm Creativity Boxes  
2:30pm Presidential Facts  
3:30pm Bowling  
6:00pm Musical Melodies

**20** 8:45am Morning Greetings  
9:00am Sit and Stretch  
10:30am Fill in the Blank  
1:30pm Creativity Boxes  
2:30pm Uno  
3:30pm Basketball  
6:00pm Music by Van Morrison

**21** 8:45am Morning Greetings  
9:00am Walking Club  
10:30am Wax Resistance Art  
1:30pm Creativity Boxes  
2:30pm Bible Trivia  
3:30pm Bocce Ball  
6:00pm Hymn Sing Along

**22** 8:45am Morning Greetings  
9:00am Ring Toss  
10:30am Worship  
1:30pm Creativity Boxes  
2:30pm Expressions  
3:30pm Balloon Toss  
6:00pm Jazz Music

**23** 8:45am Morning Greetings  
9:00am Scarf Juggling  
10:30am February Trivia  
1:30pm Creativity Boxes  
2:30pm Birthday Party  
3:30pm Big Ball  
6:00pm Name that Tune

**24** 8:45am Morning Greetings  
9:00am Exercise Group  
10:30am Jeopardy  
1:30pm Creativity Boxes  
2:30pm Reminiscing  
3:30pm Corn Hole  
6:00pm Devotional Time

**25** 8:45am Morning Greetings  
9:00am Exercise Group  
11:00am Church Program  
2:00pm Creativity Boxes  
2:30pm Reminiscing  
3:30pm Checkers Table  
6:00pm Story Time

**26** 8:45am Morning Greetings  
9:00am Moving With The Music  
10:30am Manicures  
1:30pm Creativity Boxes  
2:30pm Uno  
3:30pm Let's Roll  
6:00pm Musical Melodies

**27** 8:45am Morning Greetings  
9:00am Parachute Play  
10:30am Read my List  
1:30pm Creativity Boxes  
2:30pm Dominoes  
3:30pm Shuffle Board  
6:00pm Music by Marvin Gaye

**28** 8:45am Morning Greetings  
9:00am Walking Club  
10:30am Ron Conaway  
1:30pm Creativity Boxes  
2:30pm Daily Devotion  
3:30pm Putting Green  
6:00pm Finish the Lyrics

**29** 8:45am Morning Greetings  
9:00am Chair Exercise  
10:30am Chapel  
1:30pm Creativity Boxes  
2:30pm Who am I?  
3:30pm Seated Soccer  
6:00pm Gospel Music

