













# APRIL 2024

# Memory Care Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> 10:00 Morning Devotion 10:30 Keep it Moving 1:30 Fancy Nails 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	<b>2</b> 10:00 Mind Joggers 10:30 Chair Dance to the 40's 1:30 Cute Baby Videos  2:30 Color Me Happy 7:00 Evening Wind Down: Snack & Show	<b>3</b> 9:45 Morning Devotion 10:45 Keep it Moving 1:30 Remember When 2:45 Creativity Boxes 4:00 Jumbo Puzzles 7:00 Evening Wind Down: Family Feud Game Show	 <b>4</b> 10:30 Chapel 1:30 Catch & Throw 2:30 Cooking Up Memories 6:00 Evening Wind Down: Musical Melodies	<b>5</b> 10:00 Spring Collages 1:30 Pretty Parlor 2:00 Porch Social (Cookies & Lemonade) 4:00 Life Stations 6:00 Popcorn & Movie	<b>6</b> 10:30 Massages & Music 2:30 Goodie Cart 4:00 Busy Hands 6:00 Audio Stories
<b>7</b>  10:30 Gospel Hymns 2:30 Sunday Message 3:30 Busy Hands 6:00 TV Classics	<b>8</b> 10:00 Morning Devotion 10:30 Sit and Stretch 1:30 Sing Along 2:30 Life Stations 4:00 Catch & Throw 6:00 Evening Wind Down: Musical Melodies	<b>9</b> 10:00 Mind Joggers 10:30 Chair Dance to the 50's 1:30 Nature Sounds/Aromatherapy 2:45 Bean Bag Toss 7:00 Evening Wind Down: Snack & Show	<b>10</b> 10:00 Morning Devotion 10:30 Sit and Stretch 1:30 Sensory Touch 2:45 Life Stations 4:00 Stringing Beads 7:00 Evening Wind Down: Family Feud Game Show	<b>11</b> 10:30 Chapel 1:30 Pet Therapy 2:30 Craft Corner 4:00 Balloon Baseball 6:00 Evening Wind Down: Musical Melodies	<b>12</b> 10:00 Stroll in the Courtyard 10:30 Drumming Circle 1:30 Sensory Smells 2:30 Life Stations 3:30 Birthday Party 6:00 Popcorn & Movie	<b>13</b> 10:30 Massages & Music 2:30 Goodie Cart 4:00 Busy Hands 6:00 Audio Stories 
<b>14</b> 10:30 Gospel Hymns 2:30 Sunday Message 3:30 Busy Hands 6:00 TV Classics	<b>15</b> 10:30 Noodle Ball 1:30 Fancy Nails 2:45 Match it! 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	<b>16</b> 10:00 Mind Joggers 10:30 Chair Dance to the 60's 1:30 Funny Animal Videos 2:45 Color Me Happy 7:00 Evening Wind Down: Snack & Show	<b>17</b> 10:00 Morning Devotion 10:30 Tabletop Sorting 1:30 Remember When  2:45 Creativity Boxes 4:00 Jumbo Puzzles 7:00 Evening Wind Down: Family Feud Game Show	<b>18</b> 10:30 Chapel 1:30 Basketball 2:30 Scenic Ride on the Bus 6:00 Evening Wind Down: Musical Melodies	<b>19</b> 10:00 Memory Ball 10:30 Pretty Parlor 1:30 Picture Books 2:00 Porch Social (Ice Cream) 4:00 Life Stations 6:00 Popcorn & Movie	<b>20</b> 10:30 Massages & Music 2:30 Goodie Cart 4:00 Busy Hands 6:00 Audio Stories
<b>21</b>  10:30 Gospel Hymns 2:30 Sunday Message 3:30 Busy Hands 6:00 TV Classics	<b>22</b> 10:00 Morning Devotion 10:30 Sit and Stretch 1:30 Sing Along 2:30 Life Stations 4:00 Tabletop Sorting 6:00 Evening Wind Down: Musical Melodies	<b>23</b> 10:00 Mind Joggers 10:30 Chair Dance to the 70's 1:30 Flower Potting 3:30 Parachute Circle 7:00 Evening Wind Down: Snack & Show	<b>24</b> 10:30 Sit and Stretch 1:30 Lacing Cards 2:30 Life Stations 4:00 Spa Day 7:00 Evening Wind Down: Family Feud Game Show	<b>25</b> 10:30 Chapel 1:30 Aqua Painting 3:30 Sensory Bags 6:00 Evening Wind Down: Musical Melodies	<b>26</b> 10:00 Flower Arranging 10:30 Drumming Circle 2:30 Down on the Farm 6:00 Popcorn & Movie	<b>27</b> 10:30 Massages & Music 2:30 Goodie Cart 4:00 Busy Hands 6:00 Audio Stories 
<b>28</b> 10:30 Gospel Hymns 2:30 Sunday Message 3:30 Busy Hands 6:00 TV Classics 	<b>29</b> 10:00 Morning Devotion 10:30 Sensory Bags 1:30 Fancy Nails 2:45 Match it! 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	<b>30</b> 10:00 Mind Joggers 10:30 Chair Dance to the 80's 1:30 Nature Sounds/Aromatherapy 2:45 Color Me Happy 7:00 Evening Wind Down: Snack & Show				<b>Brookridge Retirement Community</b> 1199 Hayes Forest Dr. Winston Salem, NC 27106 336-759-1044