










MAY 2024

Assisted Living Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Brookridge Assisted Living</u></p> <p>1199 Hayes Forest Drive Winston Salem, NC 27106</p> <p>336-759-1044</p>			<p>1 <u>Beauty Shop/Massage Day</u></p> <p>9:15 Coffee Club-LR 9:30 Exercise Circle-LR 10:30 Horseshoe Game-LR 2:00 Mother's Photo Shoot-LR</p>	<p>2</p> <p>9:15 Coffee Club-LR 9:30 Stretchersize-LR 10:30 Chapel-DR 2:00 Bingo-DR 3:15 Chair Yoga with Dana-LR 6:30 Dog Visits w/ Elite Canine-IL</p>	<p>3</p> <p>9:15 Coffee Club-LR 9:30 Exercise Circle-LR 10:30 Resident Council-DR 2:00 Mindful Meditation-LR 3:00 Special Music By: The John Mochnick Band-IL</p>	<p>4</p> <p></p> <p>9:30 Donut Social-LR 1:15 Painting Class-IL</p>
<p>5</p> <p>11:00 First Baptist on Fifth Church Live Stream-LR 2:00 Pfafftown Piano Recital-IL 3:00 Tabletop Games/Puzzles-OYO 6:00 Vespers-IL</p>	<p>6</p> <p>9:15 Coffee Club-LR 9:30 Exercise Circle-LR 10:30 Making Cards for Nurses-LR 2:00 Trip to the Kernersville-Botanical Garden</p>	<p>7</p> <p>9:15 Coffee Club-LR 9:30 Stretchersize-LR 10:30 Trivia Tuesdays-LR 2:00 Bingo-DR 6:30 Special Music By: The Winston Salem Pops Chorus-IL</p>	<p>8 <u>Beauty Shop/Massage Day</u></p> <p>9:15 Coffee Club-LR 9:30 Exercise Circle-LR 10:30 Painting Class-IL 1:00 Gardening w/ Ginnie-O 2:30 Chef's in Training-DR</p>	<p>9</p> <p></p> <p>9:15 Coffee Club-LR 9:30 Stretchersize-LR 10:30 Chapel-DR 1:30 Sit & Be Fit-IL 2:00 Bingo-DR 3:15 Balloon Badminton-LR</p>	<p>10</p> <p>9:15 Coffee Club-LR 9:45 Ball Drumming-LR 10:30 Flower Arranging-LR 2:30 Mother's Day Reception-S</p>	<p>11</p> <p>9:30 Danish Social-LR 2:00 Popsicles on the Porch-O 3:15 Noodleball-LR</p>
<p>12 <u>Mother's Day</u></p> <p>11:00 First Baptist on Fifth Church Live Stream-LR 3:00 Tabletop Games/Puzzles-OYO 6:00 Vespers-IL</p>	<p>13</p> <p>9:15 Coffee Club-LR 9:30 Exercise Circle-LR 10:30 Crafty Crafters-LR 2:00 Music by David Cray-LR 3:15 Manicures & Massages-LR</p>	<p>14</p> <p></p> <p>9:15 Coffee Club-LR 9:30 Stretchersize-LR 10:30 BUNCO-LR 1:45 Movie Matinee-LR</p>	<p>15 <u>Beauty Shop/Massage Day</u></p> <p>9:15 Coffee Club-LR 9:30 Exercise Circle-LR 10:30 Spot It!-LR 2:00 Axe Throwing-LR 3:15 Porch Talk-O</p>	<p>16</p> <p>9:15 Coffee Club-LR 9:30 Stretchersize-LR 10:30 Chapel-DR 2:00 Bingo-DR 3:15 Watering the Flowers-O</p>	<p>17 <u>National Pizza Party Day!</u></p> <p>9:15 Coffee Club-LR 9:30 Exercise Circle-LR 10:30 Ceramic Class-LR 2:00 Pizza Party-LR</p>	<p>18</p> <p></p> <p>9:30 Muffin Social-LR 2:00 Bingo-DR 3:15 Cornhole-LR</p>
<p>19</p> <p></p> <p>11:00 First Baptist on Fifth Church Live Stream-LR 3:00 Tabletop Games/Puzzles-OYO 6:00 Vespers-IL</p>	<p>20</p> <p>9:15 Coffee Club-LR 9:30 Exercise Circle-LR 10:30 Shopping Trip-Dollar Tree 2:00 Matching Game-LR 3:15 Car Races-LR</p>	<p>21</p> <p>9:15 Coffee Club-LR 9:30 Stretchersize-LR 10:30 Trivia Tuesdays-LR 2:00 Bingo-DR 3:15 Making Bird Feeders-LR</p>	<p>22 <u>Beauty Shop/Massage Day</u></p> <p>9:15 Coffee Club-LR 9:30 Exercise Circle-LR 10:30 Painting Class-IL 1:30 Sound Therapy-IL 3:00 Globe Trotters-LR</p>	<p>23</p> <p>9:15 Coffee Club-LR 9:30 Stretchersize-LR 10:00 Carte Boutique Sale-IL 10:30 Chapel-DR 2:00 Bingo-DR 3:15 Penny Auction-LR</p>	<p>24</p> <p></p> <p>9:15 Coffee Club-LR 9:45 Ball Drumming-LR 10:30 Patriotic J-I-N-G-O-LR 3:00 Memorial Celebration-O</p>	<p>25</p> <p>9:30 Bagel Social-LR 2:00 Activity Boxes-OYO (will be in the LR)</p>
<p>26</p> <p>11:00 First Baptist on Fifth Church Live Stream-LR 3:00 Tabletop Games/Puzzles-OYO 6:00 Vespers-IL</p>	<p>27 <u>Memorial Day</u></p> <p>9:15 Coffee Club-LR 9:30 Exercise Circle-LR 10:30 Crafty Crafters-LR 2:00 The Price Is Right-LR 3:15 Manicures & Massages-LR</p>	<p>28</p> <p></p> <p>9:15 Coffee Club-LR 9:30 Stretchersize-LR 10:30 Early Morning Bingo-DR 2:15 Music by: The Shepherd Singers-DR</p>	<p>29 <u>Beauty Shop/Massage Day</u></p> <p>9:15 Coffee Club-LR 9:30 Exercise Circle-LR 12:00 Lunch Bunch Outing: (Clemmons Kitchen) 3:00 Dice Bowling-LR</p>	<p>30</p> <p>9:15 Coffee Club-LR 9:30 Stretchersize-LR 10:30 Chapel-DR 1:30 Pet Therapy-LR 2:00 Bingo-DR 3:15 Word Games-LR</p>	<p>31</p> <p>8:30 Men's Breakfast-LR 9:30 Coffee Club-LR 10:30 Augusta Youth Chorale-IL 2:00 Birthday Party-DR 3:15 Bean Bag Twister-LR</p>	<p><u>Location Key</u></p> <p>LR-Living Room IL-Independent Living DR-Dining Room O-Outside S-Solarium OYO-On Your On</p>