

# MAY 2024

# Mindful Impressions Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> 9:45 Mind Joggers 10:00 Ring Toss 10:30 Creativity Boxes 1:00 Mother's Day Pictures 2:00 Cornhole 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	<b>2</b> 9:45 Creativity Boxes 10:30 Chapel 1:00 Chalk Art 2:00 Beach Ball Toss 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Animal Videos	<b>3</b> 9:45 Scarf Dancing 10:00 Fold Laundry 10:30 Creativity Boxes 1:00 Craft Corner 2:00 Popsicle's on the Porch 4:00 Creativity Boxes 6:00 Popcorn & Movie	<b>4</b> 9:45 Groovin to the Music 10:00 Creativity Boxes 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories
<b>5</b> 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	<b>6</b> 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes 1:00 Velcro Ball 2:00 Trip to the Botanical Garden! 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	<b>7</b> 9:45 Daily Chronicle 10:00 Chair Exercise 10:30 Creativity Boxes 1:00 Color Me Happy 2:00 Chef's In Training 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show	<b>8</b> 9:45 Mind Joggers 10:00 Cornhole 10:30 Creativity Boxes 1:00 Flower Arranging 2:00 Picture Books 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	<b>9</b> 9:45 Creativity Boxes 10:30 Chapel 1:00 Aqua Painting 2:00 Coffee Filter Butterflies 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Baby Videos	<b>10</b> 9:45 Ball Drumming 10:00 Lacing Cards 10:30 Creativity Boxes 1:00 Manicures & Massages 2:30 Mother's Day Reception 4:00 Creativity Boxes 6:00 Popcorn & Movie	<b>11</b> 9:45 Groovin to the Music 10:00 Creativity Boxes 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories
<b>12</b> <u>Mother's Day</u> 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	<b>13</b> 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes 1:00 Sit and Sort 2:00 Music By: David Cray 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	<b>14</b> 9:45 Daily Chronicle 10:00 Chair Exercise 10:30 Creativity Boxes 1:00 Sock Matching 2:00 Color Me Happy 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show	<b>15</b> 9:45 Mind Joggers 10:00 Kickball 10:30 Creativity Boxes 1:00 Table Talk 2:00 Counting & Match that Color 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	<b>16</b> 9:45 Creativity Boxes 10:30 Chapel 1:00 Parachute Fun 2:00 Kinetic Sand 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Animal Videos	<b>17</b> 9:45 Noodle Ball 10:00 Pictionary 10:30 Creativity Boxes 1:00 Porch Stories & Tea 2:00 Craft Corner 4:00 Creativity Boxes 6:00 Popcorn & Movie	<b>18</b> 9:45 Groovin to the Music 10:00 Creativity Boxes 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories
<b>19</b> 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	<b>20</b> 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes 1:00 Target Toss 1:30 Bus Ride to get Ice Cream! 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	<b>21</b> 9:45 Daily Chronicle 10:00 Chair Exercise 10:30 Creativity Boxes 1:00 Fidget Aprons/Lap Mats 2:00 Color Me Happy 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show	<b>22</b> 9:45 Mind Joggers 10:00 Floor Basketball 10:30 Creativity Boxes 1:00 Gardening Class w/ Ginnie 2:00 Puzzle Pals 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	<b>23</b> 9:45 Creativity Boxes 10:30 Chapel 1:00 Sensory Cart 2:00 Horseshoe Throw 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Baby Videos	<b>24</b> 9:45 Ball Drumming 10:00 Stringing Cheerios for birds 10:30 Creativity Boxes 1:00 Manicures & Massages 3:00 Memorial Day Celebration 4:00 Creativity Boxes 6:00 Popcorn & Movie	<b>25</b> 9:45 Groovin to the Music 10:00 Creativity Boxes 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories
<b>26</b> 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	<b>27</b> 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes 1:00 Sit and Sort 2:00 Aqua Painting 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies (Patriotic)	<b>28</b> 9:45 Daily Chronicle 10:00 Chair Exercise 10:30 Creativity Boxes 1:00 Color Me Happy 2:15 Music By: The Shepherd Singers 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show	<b>29</b> 9:45 Mind Joggers 10:00 Fly Swatter Balloon Hit 10:30 Creativity Boxes 1:00 Put on a Face Art 2:00 Courtyard Stroll/Water Flowers 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	<b>30</b> 9:45 Creativity Boxes 10:30 Chapel 1:00 Number Bingo 2:00 Pet Therapy 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Animal Videos	<b>31</b> 9:45 Bowling 10:00 Outside/Bubbles 10:30 Creativity Boxes 1:00 Yarn Rolling 2:00 Birthday Party 4:00 Creativity Boxes 6:00 Popcorn & Movie	<u>Brookridge Retirement Community</u> 1199 Hayes Forest Dr. Winston Salem, NC 27106 336-759-1044