

JULY 2024

Mindful Impressions Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes 1:00 Balloon Volleyball 3:00 Beauty Shop 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	2 9:45 Daily Chronicle 10:00 Worship 10:30 Chapel 10:45 Creativity Boxes 1:00 Art: Tie Dying 2:00 Courtyard Stroll/Water Flowers 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show	3 9:45 Wheel of Fortune 10:30 Horseshoe Competition 10:45 Creativity Boxes 1:00 Art: Firework Craft 3:00 July 4th Celebration 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	4 9:45 Creativity Boxes 10:30 Balloon Badminton 1:00 Making 4th of July Fruit Trays 3:00 Patriotic Games 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Baby Videos	5 9:45 Daily Chronicle 10:00 Dancing with Scarves 10:30 Creativity Boxes 1:00 Manicures & Massages 2:00 Art: Decorate American Flag 4:00 Creativity Boxes 6:00 Popcorn & Movie	6 9:45 Groovin to the Music 10:30 Creativity Boxes 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories
7 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	8 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes 2:30 Milkshake Outing 3:00 Beauty Shop 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	9 9:45 Daily Chronicle 10:00 Chair Exercise 10:30 Creativity Boxes 1:00 Fidget Aprons/Lap Mats 2:00 Big Connect Four 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show	10 9:45 Mind Joggers 10:15 Floor Basketball 10:30 Creativity Boxes 1:00 Number Bingo 2:00 Kinetic Sand 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	11 9:45 Creativity Boxes 10:30 Chapel 1:00 Aqua Painting 3:00 Picture Books 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Animal Videos	12 9:45 Daily Chronicle 10:00 Outing: The Reynolda House Museum 10:30 Creativity Boxes 2:00 Sit & Sort 4:00 Creativity Boxes 6:00 Popcorn & Movie	13 9:45 Groovin to the Music 10:30 Creativity Boxes 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories
14 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	15 9:45 Morning Devotion 10:00 Sing Along 10:30 Beauty Shop 1:00 Creativity Boxes 3:15 Music By: Ian Benjamin 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	16 9:45 Daily Chronicle 10:00 Chair Exercise 10:30 Creativity Boxes 1:00 Art: Molding Clay Pinch Pots 2:00 Courtyard Stroll/Water Flowers 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show	17 9:45 Jeopardy 10:15 Cornhole Game 10:30 Creativity Boxes 1:00 Planting Succulent Garden 2:00 Cantaloupe on the Porch 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	18 9:45 Creativity Boxes 10:30 Chapel 1:00 Puzzle Pals 3:00 Pet Therapy 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Baby Videos	19 9:45 Daily Chronicle 10:00 Folding Clothes 10:30 Creativity Boxes 1:30 Hat Chat 2:30 Birthday Party 4:00 Creativity Boxes 6:00 Popcorn & Movie	20 9:45 Groovin to the Music 10:30 Creativity Boxes 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories
21 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	22 9:45 Morning Devotion 10:00 Sing Along 10:30 Lunch at Cracker Barrel 1:00 Creativity Boxes 3:00 Beauty Shop 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	23 9:30 Music Class w/ Roslyn 10:00 Daily Chronicle 10:30 Creativity Boxes 1:00 Art: Sensory Slime 3:00 Music By: Flobone 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show	24 9:45 Mind Joggers 10:15 Floor Basketball 10:30 Creativity Boxes 1:00 Art: Splatter Paint Spinning 2:00 Cooking up Memories 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy	25 9:45 Creativity Boxes 10:30 Chapel 1:00 Watercolor Painting 3:00 Stretcherize 4:00 Creativity Boxes 6:00 Evening Wind Down: Funny Animal Videos	26 9:45 Daily Chronicle 10:00 Mini Golf 10:30 Creativity Boxes 1:30 Art: Olympic Medals 3:00 Olympics Party 4:00 Creativity Boxes 6:00 Popcorn & Movie	27 9:45 Groovin to the Music 10:30 Creativity Boxes 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 Audio Stories
28 9:45 Creativity Boxes 10:30 Gospel Hymns 11:00 Church Service 2:30 Snacks & Chats 4:00 Creativity Boxes 6:00 TV Classics	29 9:45 Morning Devotion 10:00 Sing Along 10:30 Creativity Boxes 1:00 Axe Throwing 3:00 Beauty Shop 4:00 Creativity Boxes 6:00 Evening Wind Down: Musical Melodies	30 9:45 Daily Chronicle 10:00 Chair Exercise 10:30 Creativity Boxes 1:00 Fidget Aprons/Lap Mats 2:00 Matching Pairs 4:00 Creativity Boxes 6:00 Evening Wind Down: Snack & Show	31 9:45 Table Talk 10:15 Ring Toss 10:30 Creativity Boxes 1:00 Gardening Class w/ Ginnie 2:30 Music By: Brian McCarn 4:00 Creativity Boxes 6:00 Evening Wind Down: Nature Sounds & Aromatherapy		Brookridge Retirement Community 1199 Hayes Forest Dr. Winston Salem, NC 27106 336-759-1044	