




September 2024

Brookridge Healthcare Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Church Streaming DR Friend Visits Menu Week 1	2 Labor Day 9:00am Morning Greetings 10:00am Exercise DR 12:00pm Hot Dog Truck P 1:00pm Café Gelato P 6:30 Word Puzzles DR	3 9:00am Morning Greetings 10:45am Worship Music 11:00am Chapel 7WS 1:00pm Sensory Cart 2:30pm Bingo 7WS	4 9:00am Morning Greetings 10:00am Word Mining DR 1:00pm Sensory Cart 2:30pm Arts & Crafts DR	5 9:00am Morning Greetings 10:30am Bingo 7WS 1:00pm Sensory Cart 3:30pm Mindful Meditation with Dana 7WS	6 9:00am Morning Greetings 10am Resident Council 7WS 1:00pm Sensory Cart 3:30pm Grandparents Day Ice cream Social 7WS	7 Robbie Vance 3:00pm 7WS
8 Grandparents Day Church Streaming DR Friend Visits Menu Week 2	9 9:00am Morning Greetings 10:00am Exercise DR 1:00pm Sensory Cart 2:00pm Sid Jackson Music Performance 7WS	10 9:00am Morning Greetings 10:45am Worship Music 11:00am Chapel 7WS 1:00pm Sensory Cart 2:30pm Movie Matinee DR	11 9:00am Morning Greetings 10:30am Cagney's Lunch O 1:00pm Sensory Cart 2:30pm Arts & Crafts DR 6:30pm Bulletin Board Trivia	12 9:00am Morning Greetings 11:00am Voter Registration & Absentee Ballots in IL 1:00pm Sensory Cart 2:00pm Will Jones Music 7WS 3:30pm Yahtzee DR	13 9:00am Morning Greetings 10am Superstations DR 1:00pm Sensory Cart 3:00pm Karaoke Bash 7WS	14 Game Table & Music on TV
15 Church Streaming DR Friend Visits Menu Week 3	16 9:00am Morning Greetings 9:30am Exercise DR 10:00am Hand Massages IR 1:00pm Sensory Cart 3:00pm Manicures DR	17 9:00am Morning Greetings 10:45am Worship Music 11:00am Chapel 7WS 1:00pm Sensory Cart 2:30pm Bingo 7WS 6:30pm Trivia DR	18 9:00am Morning Greetings 10:00am What Am I? DR 1:00pm Sensory Cart 2:30pm Arts & Crafts DR	19 9:00am Morning Greetings 10:30am Bingo 7WS 1:00pm Sensory Cart 3:00pm Shut the Box DR	20 9:00am Morning Greetings 10am Categories- Sugar 1:00pm Sensory Cart 2:00pm Painting with A Twist O 3:00pm Pet Visits IR	21 Oktoberfest Begins Activity Packets
22 Autumn Begins Church Streaming DR Friend Visits Menu Week 4	23 9:00am Morning Greetings 10:00am Exercise DR 1:00pm Sensory Cart 2:30pm Mark Mason Music Performance 7WS	24 9:00am Morning Greetings 9:30am Music Class with Roslyn 5th Floor Livingroom 11:00am Chapel 7WS 1:00pm Sensory Cart 2:30pm Bingo 7WS	25 9:00am Morning Greetings 10:00am Dice Race Game DR 1:00pm Sensory Cart 3:30pm Cardio Drumming in 5th Floor Livingroom	26 9:00am Morning Greetings 10:30am Bingo 7WS 1:00pm Sensory Cart 3:00pm Uno DR 6:30pm Word Puzzles DR	27 9:00am Morning Greetings 10:30am Krispy Kreme O 1:00pm Sensory Cart 2:30pm Birthday Party 7WS	28 Puzzles & TV Shows
29 Church Streaming DR Friend Visits Menu Week 1	30 9:00am Morning Greetings 10:00am Exercise DR 1:00pm Sensory Cart 3:00pm Manicures DR 6:30pm Bulletin Board Trivia			 1199 Hayes Forest Dr. Winston-Salem, NC 27106		Activity Key IR-- In-room DR-- Dining room 7WS--7 West Solarium P-Porch off of 6 West O-Outing *All Activities are subject to Change*