

OCTOBER 2024

Assisted Living Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9:15 Daily Chronicle/ Coffee Pass 11:00 Chapel-S 2:00 Bingo-LR 3:30 Trivia Tuesday-LR	2 <u>Beauty Shop/Massage Day</u> 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Memorial Service-IL 2:00 Trip: Pumpkin Patch	3 9:15 Daily Chronicle/ Coffee Pass 10:30 Haunted Mini Golf-LR 2:00 Oktoberfest-S 3:00 Mindful Meditation-S 6:30 Dog Visits w/ Elite Canine-IL	4 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Card Making-LR 2:00 Chair Yoga-LR	5 3:00 Music by Robbie Vance-S
6 11:00 First Baptist on Fifth Church Live Stream-LR 3:00 Tabletop Games/Puzzles-OYO 6:00 Vespers-IL	7 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Manicures & Massages-LR 2:00 Forsyth Mobile Library-IL 3:00 Bingo-LR	8 9:15 Daily Chronicle/ Coffee Pass 10:30 Trivia Tuesday-LR 11:30 Trip to the Fair!	9 <u>Beauty Shop/Massage Day</u> 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Painting Class-IL 3:30 Rendevers Virtual Program-LR	10 9:15 Daily Chronicle/ Coffee Pass 10:30 Chapel-DR 2:00 Bingo-LR 3:30 Noodle Ball-LR	11 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Candy Corn Bowling-LR 3:00 Crafty Crafters-LR	12 2:00 Activity Boxes-OYO (will be in the LR)
13 11:00 First Baptist on Fifth Church Live Stream-LR 3:00 Tabletop Games/Puzzles-OYO 6:00 Vespers-IL	14 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Lunch at: Little Richards BBQ 3:00 Pink Party to Beat Breast Cancer!-S	15 9:15 Daily Chronicle/ Coffee Pass 10:30 Trivia Tuesday-LR 2:00 Bingo-LR 3:30 Rendevers Virtual Program-LR	16 <u>Beauty Shop/Massage Day</u> 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Spooky-Gories-LR 3:00 Globe Trotters-LR	17 9:15 Daily Chronicle/ Coffee Pass 10:30 Chapel-DR 1:00 Beltone Hearing Clinic-IL 2:00 Bingo-LR	18 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Resident Council-LR 2:30 Birthday Party-LR	19 2:00 Corn Hole-LR 3:30 Mug Cake Social-LR
20 11:00 First Baptist on Fifth Church Live Stream-LR 3:00 Tabletop Games/Puzzles-OYO 6:00 Vespers-IL	21 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Manicures & Massages-LR 1:45 Fall Leaf Scenery Ride (Pilot Mountain)	22 8:15 Daily Chronicle/ Coffee Pass 9:30 Music Class w/ Roslyn-LR 2:00 Bingo-LR 3:30 Trivia Tuesday-LR	23 <u>Beauty Shop/Massage Day</u> 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Music by Ronnie Conaway-S 1:30 Sound Therapy-IL 3:30 Cardio Drumming-LR	24 9:15 Daily Chronicle/ Coffee Pass 10:30 Chapel-DR 2:00 Bingo-LR 3:30 Decorating Pumpkins-LR	25 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Halloween Words From Words-LR 2:00 Chef's in Training-LR 3:30 Pet Visits-In Room	26 2:00 Fall Flower Arranging-LR 3:30 Movie: Hocus Pocus-LR
27 11:00 First Baptist on Fifth Church Live Stream-LR 3:00 Tabletop Games/Puzzles-OYO 6:00 Vespers-IL	28 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Pumpkin Ring Toss-LR 2:00 Bingo-LR	29 9:15 Daily Chronicle/ Coffee Pass 10:30 Trivia Tuesday-LR 2:00 Bingo-LR 3:30 Rendevers Virtual Program-LR	30 <u>Beauty Shop/Massage Day</u> 9:15 Daily Chronicle/ Coffee Pass 9:45 Exercise-LR 10:30 Painting Class-IL 3:00 Crafty Crafters-LR	31 8:30 Men's Breakfast-LR 9:15 Daily Chronicle/ Coffee Pass 10:30 Chapel-DR 2:30 Halloween Party-S	Brookridge Assisted Living 1199 Hayes Forest Drive Winston Salem, NC 27106 336-759-1044	Location Key LR-Living Room IL-Independent Living DR-Dining Room O-Outside S-Solarium OYO-On Your On