


November 2024

Assisted Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Brookridge Assisted Living 336-759-1044 1199 Hayes Forest Drive Winston– Salem, NC 27016</p>	<p><u>Location Key</u> LR– Living Room IL– Independent Living DR– Dining Room O– Outside S-Solarium OYO– On Your On</p>		<p><i>Beauty Shop each Wednesday</i></p> <p><i>Earn \$1.00 Activity Bucks for each activity you participate in this month. Auction on the 29th!</i></p> <p><i>Activities are subject to change</i></p>		<p>1 9:30 Morning Greetings 10:00 Exercise Circle LR 2:00 Canvas Art by You LR 3:00 Music with Becky Walton S</p>	<p>2 3:00 Music w/ Robbie Vance S</p> <p>Daylight Savings Time</p>
<p>3 11:00 First Baptist Church on 5th Live Stream LR 6:00 Vespers IL</p>	<p>4 9:30 Morning Greetings 10:00 Seated Zumba LR 10:30 Lunch Outing to K & W Cafeteria 3:00 Manicures LR</p>	<p>5 9:30 Morning Greetings 10:30 Penny Pitching LR 2:00 Bingo LR 3:15 Thankful Tree LR Election Day</p>	<p>6 9:30 Morning Greetings 10:00 Turkey Donuts LR 10:30 Jenga LR 2:00 Ladder Ball LR 3:15 Pet Therapy LR</p>	<p>7 9:30 Morning Greetings 10:30 Chapel LR 2:00 Bingo LR 3:15 “Create your own” Candy Apple Bar LR</p>	<p>8 9:30 Morning Greetings 10: 00 Exercise Circle LR 10:30 Rendever Virtual Programming LR 2:30 Birthday Party LR</p>	<p>9 2:00 Activity Boxes OYO Located in the LR</p>
<p>10 1:00 First Baptist Church on 5th Live Stream LR 6:00 Vespers IL</p>	<p>11 9:00 Veteran Breakfast IL 9:30 Morning Greetings 10:30 Exercise Bingo LR 3:00 Tracy Bentley sings Frank Sinatra IL Veterans Day</p>	<p>12 9:30 Morning Greetings 10:00 Trivia Time 10:30 Musical Pilgrim Pong 2:00 Bingo LR 3:15 Meditation with Dana LR</p>	<p>13 9:30 Morning Greetings 10:30 Painting Class IL 11:00 Music w/ Nancy McGimpsey S 3:00 Sound Therapy IL</p>	<p>14 9:30 Morning Greetings 10:30 Chapel DR 2:00 Bingo LR 3:15 Pickle Day Party LR National Pickle Day</p>	<p>15 9:30 Morning Greetings 10:00 Exercise Circle LR 10:30 Pillow Making LR 2:00 Turkey Shoot LR 3:00 Resident Council LR</p>	<p>16 2:00 Pokeno LR 3:00 Pumpkin Rolls with Friends LR</p>
<p>17 11:00 First Baptist Church on 5th Live Stream LR 6:00 Vespers IL</p>	<p>18 9:30 Morning Greetings 10:00 Exercise Circle LR 10:30 Manicures LR 2:15 Music from the 60’s w/ Ian Benjamin IL</p>	<p>19 9:30 Morning Greetings 10:00 Rendever Virtual Programming LR 2:00 Bingo LR 3:15 Cooking Club LR</p>	<p>20 9:30 Morning Greetings 10:00 Sticker Puzzle Art LR 2:00 Ceramic Owl Painting LR 3:00 Cardio Drumming IL</p>	<p>21 8:30 Men’s Breakfast LR 9:30 Morning Greetings 10:30 Chapel DR 2:00 Bingo LR 3:15 Arm Chair Travels LR</p>	<p>22 9:30 Morning Greetings 10:00 Exercise Circle LR 10:30 Hot Tea Social LR 1:00 Scenery Ride Outing National Hot Tea Day</p>	<p>23 2:00 Don’t get stuck with the Dandelion Game LR 3:00 Music Trivia LR</p>
<p>24 11:00 First Baptist Church on 5th Live Stream LR 6:00 Vespers IL</p>	<p>25 9:30 Morning Greetings 10:00 Balloon Volleyball LR 10:30 Color Therapy LR 2:00 Movie Matinee: Miracles From Heaven LR</p>	<p>26 9:30 Morning Greetings 9:30 Music Class w/ Ashley 10:30 Chapel S 2:00 Bingo LR 3:15 Cake Day Social LR</p>	<p>27 9:30 Morning Greetings 10:00 Coffee & Pastries with friends LR 10:30 Painting Class IL 2:00 Friendsgiving LR</p>	<p>28 9:00 Macy’s Thanksgiving Day Parade Live Stream LR 2:00 Activity Packets OYO Happy Thanksgiving</p>	<p>29 9:30 Morning Greetings 10:00 Exercise Circle LR 10:30 Mason Jar Painting Craft LR 3:00 Activity Auction LR</p>	<p>30 2:00 Activity Boxes OYO Located in the LR</p>